

# The Mary Brennan INN

## Weekly Meals Menu – September 4<sup>th</sup> to September 8<sup>th</sup> 2023

\*Menu subject to change

### Sandwiches & Soup 9:00 a.m. – 11:30 a.m., Monday - Friday

**Single guests:** One sandwich and one soup or salad

**Families:** One sandwich and one soup or salad for each family member

Roast Beef with Cheese Sandwich

Turkey with Cheese Sandwich

Salami with Cheese Sandwich

Ham with Cheese Sandwich

**Meat sandwiches without cheese, peanut butter & jelly sandwiches, and cheese only sandwiches are available upon request**

Chicken Soup, Vegetable Soup, or a Green Salad

### Hot Meal, & Salad 11:30 a.m. – 4:30 p.m., Monday - Friday

**Single guests:** One hot meal and one soup or salad

**Families:** One hot meal and one soup or salad for each family member

Monday September 4 <sup>th</sup>	Tuesday September 5 <sup>th</sup>	Wednesday September 6 <sup>th</sup>	Thursday September 7 <sup>th</sup>	Friday September 8 <sup>th</sup>
Closed for Labor Day	Chicken & Vegetables Rice Mixed Vegetables	Lemon pepper Chicken Roast potatoes Mixed Vegetables	Chicken Meatballs in marinara sauce Rice Mixed Vegetables	Roasted Chicken Rice Mixed Vegetables
	Chicken or Vegetable Soup	Chicken or Vegetable Soup	Chicken or Vegetable Soup	Chicken or Vegetable Soup
	Salad	Salad	Salad	Salad

Vegetarian Meals are available every day

**EACH DAY, YOU HAVE THE OPTION OF RECEIVING MEALS FROM EITHER THE MORNING SELECTION OR THE AFTERNOON SELECTION.** At this time, we are unable to serve the same guest at both mealtimes, on the same day.

# The Mary Brennan INN

## Menú de Comidas Semanales – 4 de septiembre a 8 de septiembre 2023

\* Menú sujeto a cambios

### Sándwiches y Sopa 9:00 a.m. – 11:30 a.m., lunes - viernes

**Solteros:** Un sándwich y una sopa o ensalada

**Familias:** Un sándwich y una sopa o ensalada para cada miembro de la familia

Sándwich de Rosbif y Queso

Sándwich de Pavo y Queso

Sándwich de Salami y Queso

Sándwich de Jamón y Queso

Los sándwiches de carne sin queso, los sándwiches de mantequilla de maní y mermelada y los sándwiches de queso solo están disponibles a pedido.

Sopa de Pollo, Sopa de Verduras o Ensalada Verde

### Comida Caliente, Sopa y Ensalada 11:30 a.m. – 4:30 p.m., lunes - viernes

**Solteros:** Una comida caliente y una sopa o ensalada

**Familias:** Una comida caliente y una sopa o ensalada para cada miembro de la familia

Lunes 4 de septiembre	Martes 5 de septiembre	Miércoles 6 de septiembre	Jueves 7 de septiembre	Viernes 8 de septiembre
<b>Cerrado por el Día del Trabajo</b>	Pollo y Verduras Arroz Verduras mixtas	Pollo a la pimienta de limón Papas rostizadas Verduras mixtas	Albóndigas de pollo en salsa marinara Arroz Verduras mixtas	Pollo asado Arroz Verduras mixtas
	Sopa de pollo o vegetales	Sopa de pollo o vegetales	Sopa de pollo o vegetales	Sopa de pollo o vegetales
	Ensalada	Ensalada	Ensalada	Ensalada

Las comidas vegetarianas están disponibles todos los días

CADA DÍA, USTED TIENE LA OPCIÓN DE RECIBIR COMIDAS DE LA SELECCIÓN DE LA MAÑANA O DE LA SELECCIÓN DE LA TARDE. En este momento, no podemos atender al mismo huésped en ambos horarios de comidas el mismo día.

# The Mary Brennan INN

## Weekly Meals Menu – September 4<sup>th</sup> September 8<sup>th</sup> 2023

\*Menu subject to change

### Sandwiches & Soup 9:00 a.m. – 11:30 a.m., Monday - Friday

**Single guests:** One sandwich and one soup or salad

**Families:** One sandwich and one soup or salad for each family member

Roast Beef with Cheese Sandwich

Turkey with Cheese Sandwich

Salami with Cheese Sandwich

Ham with Cheese Sandwich

**Meat sandwiches without cheese, peanut butter & jelly sandwiches, and cheese only sandwiches are available upon request**

Chicken Soup, Vegetable Soup, or a Green Salad

### Hot Meal, Soup & Salad 11:30 a.m. – 4:30 p.m., Monday - Friday

**Single guests:** One hot meal and one soup or salad

**Families:** One hot meal and one soup or salad for each family member

Monday September 4 <sup>th</sup>	Tuesday September 5 <sup>th</sup>	Wednesday September 6 <sup>th</sup>	Thursday September 7 <sup>th</sup>	Friday September 8 <sup>th</sup>
Closed for Labor Day	Chicken & Vegetables Rice Mixed Vegetables	Lemon pepper Chicken Roast potatoes Mixed Vegetables	Chicken Meatballs in marinara sauce Rice Mixed Vegetables	Roasted Chicken Rice Mixed Vegetables
	Chicken or Vegetable Soup	Chicken or Vegetable Soup	Chicken or Vegetable Soup	Chicken or Vegetable Soup
	Salad	Salad	Salad	Salad
<b>Vegetarian Meals are available every day</b>				

**EACH DAY, YOU HAVE THE OPTION OF RECEIVING MEALS FROM EITHER THE MORNING SELECTION OR THE AFTERNOON SELECTION.** At this time, we are unable to serve the same guest at both mealtimes, on the same day.

# The Mary Brennan INN

## Manje Chak Semèn– 4 septanm – 8 septanm 2023

\* Meni ka chanje

### Sandwich ak Soup 9:00 a.m. – 11:30 a.m., Lendi - Vandredi

**Selibatè:** Yon sandwich ak yon sèl soup oswa sòs salad

**Fanmi:** Yon sandwich ak yon soup pou chak manm fanmi

Bèf Griye ak Fwomaj Sandwich

Kodenn with Fwomaj Sandwich

Salami ak Fwomaj Sandwich

Janbe with Fwomaj Sandwich

**Sandwich vyann san fwomaj, manba ak jele sandwich, ak sandwich fwomaj sèlman ki disponib sou demann.**

Soup Poul, Soup Legim, oswa yon sòs salad vèt

### Manje Cho, Soup ak Salad 11:30 a.m. – 4:30 p.m., Lendi – Vendredi

**Selibatè:** Yon repa cho ak yon sèl soup oswa sòs salad

**Fanmi:** Youn cho manje ak yon sèl soup oswa sòs salad pou chak manm fanmi

<b>Lendi 4 septanm</b>	<b>Madi 5 septanm</b>	<b>Mèkredi 6 septanm</b>	<b>Jedi 7 septanm</b>	<b>Vendredi 8 septanm</b>
<b>Fèmèn pou Jounen Travay la</b>	Poul ak legim Diri Melanje Legim	Sitwon pwav poul Pòm detè boukannen Melanje Legim	Boulèt poul nan sòs tomat Diri Legim melanje	Poul griye Diri Melanje legim
	Soup Poul oswa Soup Legim	Soup Poul oswa Soup Legim	Soup Poul oswa Soup Legim	Soup Poul oswa Soup Legim
	Salad	Salad	Salad	Salad
<b>Manje vejetaryen yo disponib chak jou</b>				

**CHAK JOU, OU GEN CHWA POU RESEVWA MANJE SOTI SWA SELEKSYON MATEN OU SWA SELEKSYON APR MIDI. Nan moman sa a, nou pa ka sèvi menm envite nan tou de lè repa nan menm jou a.**