

The Mary Brennan INN

Weekly Meals Menu – September 30th to October 4th, 2024

***Menu subject to change**

Sandwiches & Salad 9:00 a.m. – 11:30 a.m., Monday - Friday

Each meal includes one sandwich and one salad.

Turkey with Cheese Sandwich

Ham with Cheese Sandwich

Sandwiches without cheese, peanut butter & jelly sandwiches, and cheese only sandwiches are available upon request.

One meal per day: A hot meal or a sandwich

Hot Meal & Salad 11:30 a.m. - 2:00 p.m., Monday - Friday

Each meal includes one hot meal and one salad.

| Monday September 30 th | Tuesday October 1 st | Wednesday October 2 nd | Thursday October 3 rd | Friday October 4 th |
|--|---|--|---|---|
| Beef Meatballs with Brown Gravy Roasted Potatoes Mixed Vegetables | General Tso's Chicken Rice Mixed Vegetables | Chicken Alfredo Pasta Mixed Vegetables | BBQ Chicken Rice Mixed Vegetables | Teriyaki Beef Meatballs Rice Mixed Vegetables |
| Salad | Salad | Salad | Salad | Salad |

Vegetarian Meals are available every day.

EACH DAY, YOU HAVE THE OPTION OF RECEIVING MEALS FROM EITHER THE MORNING SELECTION OR THE AFTERNOON SELECTION. Currently, we are unable to serve the same guest at both mealtimes, on the same day.

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Menú de Comida Semanal – 30 de septiembre a 4 de octubre, 2024

***Menú sujeto a cambios**

Sándwiches y Ensalada 9:00 a.m. – 11:30 a.m., lunes - viernes

Cada comida incluye un sándwich y una ensalada

Sándwich de Pavo y Queso

Sándwich de Jamón y Queso

Los sándwiches sin queso, los sándwiches de mantequilla de maní y mermelada y los sándwiches de queso solo están disponibles a pedido.

Una comida al día: Una comida caliente o un sándwich.

Comida Caliente y Ensalada 11:30 a.m. - 2:00 p.m., lunes – viernes

Cada comida incluye una comida caliente y una ensalada.

| Lunes 30 de septiembre | Martes 1 de octubre | Miércoles 2 de octubre | Jueves 3 de octubre | Viernes 4 de octubre |
|---|---|---|---|--|
| Albóndigas de Ternera con Salsa Marrón Papas Asadas Verduras Mixtas | Pollo del General Tso Arroz Verduras Mixtas | Pollo Alfredo Pasta Verduras Mixtas | Pollo a la Barbacoa Arroz Verduras Mixtas | Albóndigas de Ternera Teriyaki Arroz Verduras Mixtas |
| Ensalada | Ensalada | Ensalada | Ensalada | Ensalada |

Las comidas vegetarianas están disponibles todos los días.

CADA DÍA, USTED TIENE LA OPCIÓN DE RECIBIR COMIDAS DE LA SELECCIÓN DE LA MAÑANA O DE LA SELECCIÓN DE LA TARDE. En este momento, no podemos atender al mismo huésped en ambos horarios de comidas el mismo día.

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Manje Chak Semèn – 30 Septanm – 4 Oktòb, 2024

***Meni ka chanje**

Sandwich ak Sòs Salad 9:00 a.m. – 11:30 a.m., Lendi – Vandredi

Chak repa gen ladan yon sèl sandwich ak yon sòs salad.

Kodenn with Fwomaj Sandwich

Janbe with Fwomaj Sandwich

Sandwich vyann san fwomaj, manba ak jele sandwich, ak sandwich fwomaj sèlman ki disponib sou demann.

Yon repa pa jou: Yon repa cho oswa yon sandwich

Manje Cho ak Sòs Salad 11:30 a.m. - 2:00 p.m., Lendi – Vendredi

Chak repa gen yon sèl manje cho ak yon sèl sòs salad.

| Lendi 30 Septanm | Madi 1 Oktòb | Mèkredi 2 Oktòb | Jedi 3 Oktòb | Vendredi 4 Oktòb |
|---|---|--|--|---|
| Boulèt Vyann Bèf ak Sòs Mawon Pòm detè Boukannen Legim Melanje | Poul Jeneral Tso a Diri Legim Melanje | Poul Alfredo Pasta Legim Melanje | Poul Barbecue Diri Legim Melanje | Boulèt Vyann Bèf Teriyaki Diri Legim Melanje |
| Sòs salad | Sòs salad | Sòs salad | Sòs salad | Sòs salad |

Manje vejetaryen yo disponib chak jou.

CHAK JOU, OU GEN CHWA POU RESEVWA MANJE SOTI SWA SELEKSYON MATEN OU SWA SELEKSYON APR MIDI. Nan moman sa a, nou pa ka sèvi menm envite nan tou de lè repa nan menm jou a.