

# The Mary Brennan INN

## Weekly Meals Menu – October 28<sup>th</sup> to November 1<sup>st</sup>, 2024

**\*Menu subject to change**

### Sandwiches & Soup 9:00 a.m. – 11:30 a.m., Monday - Friday

Each meal includes one sandwich and one soup.

Turkey with Cheese Sandwich

Ham with Cheese Sandwich

Sandwiches without cheese, peanut butter & jelly sandwiches, and cheese only sandwiches are available upon request.

One meal per day: A hot meal or a sandwich

### Hot Meal & Soup 11:30 a.m. - 2:00 p.m., Monday - Friday

Each meal includes one hot meal and one soup.

Monday October 28 <sup>th</sup>	Tuesday October 29 <sup>th</sup>	Wednesday <b>SM</b> October 30 <sup>th</sup>	Thursday October 31 <sup>st</sup>	Friday November 1 <sup>st</sup>
Roasted Chicken Rice Mixed Vegetables	Sweet & Sour Beef Meatballs Rice Mixed Vegetables	Chicken Salisbury with Brown Gravy Roasted Potatoes Mixed Vegetables	General Tso's Chicken Rice Mixed Vegetables	BBQ Chicken Rice Mixed Vegetables
Soup	Soup	Soup	Soup	Soup

Vegetarian Meals are available every day.

EACH DAY, YOU HAVE THE OPTION OF RECEIVING MEALS FROM EITHER THE MORNING SELECTION OR THE AFTERNOON SELECTION. Currently, we are unable to serve the same guest at both mealtimes, on the same day.

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## Menú de Comida Semanal – 21 de octubre a 25 de noviembre, 2024

**\*Menú sujeto a cambios**

### Sándwiches y Sopa 9:00 a.m. – 11:30 a.m., lunes - viernes

Cada comida incluye un sándwich y una sopa

Sándwich de Pavo y Queso

Sándwich de Jamón y Queso

Los sándwiches sin queso, los sándwiches de mantequilla de maní y mermelada y los sándwiches de queso solo están disponibles a pedido.

Una comida al día: Una comida caliente o un sándwich.

### Comida Caliente y Sopa 11:30 a.m. - 2:00 p.m., lunes – viernes

Cada comida incluye una comida caliente y una sopa.

Lunes 28 de octubre	Martes 29 de octubre	Miércoles <b>SM</b> 30 de octubre	Jueves 31 de octubre	Viernes 1 de noviembre
Pollo Asado Arroz Verduras Mixtas	Albóndigas de Ternera Agridulces Arroz Verduras Mixtas	Salisbury de Pollo con Salsa Marrón Papas Asadas Verduras Mixtas	Pollo del General Tso Arroz Verduras Mixtas	Pollo a la Barbacoa Arroz Verduras Mixtas
Sopa	Sopa	Sopa	Sopa	Sopa

Las comidas vegetarianas están disponibles todos los días.

**CADA DÍA, USTED TIENE LA OPCIÓN DE RECIBIR COMIDAS DE LA SELECCIÓN DE LA MAÑANA O DE LA SELECCIÓN DE LA TARDE.** En este momento, no podemos atender al mismo huésped en ambos horarios de comidas el mismo día.

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**Manje Chak Semèn – 28 Oktòb – 1 Novanm, 2024**

**\*Meni ka chanje**

**Sandwich ak Soup 9:00 a.m. – 11:30 a.m., Lendi – Vandredi**

Chak repa gen ladan yon sèl sandwich ak yon soup.

Kodenn with Fwomaj Sandwich

Janbe with Fwomaj Sandwich

Sandwich vyann san fwomaj, manba ak jele sandwich, ak sandwich fwomaj sèlman ki disponib sou demann.

Yon repa pa jou: Yon repa cho oswa yon sandwich

**Manje Cho ak Soup 11:30 a.m. - 2:00 p.m., Lendi – Vendredi**

Chak repa gen yon sèl manje cho ak yon soup.

Lendi 28 Oktòb	Madi 29 Oktòb	Mèkredi <b>SM</b> 30 Oktòb	Jedi 31 Oktòb	Vendredi 1 Novanm
Poul Griye Diri Legim Melanje	Boulèt Vyann Bèf Dous ak Tounen Diri Legim Melanje	Poul Salisbury ak Sòs Mawon Pòm detè Boukannen Legim Melanje	Poul Jeneral Tso a Diri Legim Melanje	Poul Barbecue Diri Legim Melanje
Soup	Soup	Soup	Soup	Soup

Manje vejetaryen yo disponib chak jou.

**CHAK JOU, OU GEN CHWA POU RESEVWA MANJE SOTI SWA SELEKSYON MATEN OU SWA SELEKSYON APR MIDI. Nan moman sa a, nou pa ka sèvi menm envite nan tou de lè repa nan menm jou a.**